



Thai Massage School of Chiang Mai

Thai Massage Professional Internship I Level V (5 days)

CLASS OBJECTIVE AND TEACHING PROCESS

OBJECTIVES:

At the end of the course in Level V, students will be able to:

1. Integration of techniques of Level 1-2- and 3 Thai massage.
2. Perform 1 hour, 1 ½ hour and 2 hours Thai massage for various needs.
3. Massage with teacher for professional massage preparation
4. Understand how to apply Thai massage for handicap children and adults.
5. Understand how to combine Thai massage and Tui Na to relief blockages.
6. Massage professionally with time management and planning.

TEACHING PROCESS:

Supervise strictly for professional massage techniques.

Stringent massage training with combination of all 3 levels for various needs.

Using massage planning to practice massage with time limit.

Students pair up to practice under closed teachers' supervision.

At the end of the day, the teachers will response to students' questions on particular techniques and review them in the group.

Teachers will perform pressure strength test with each student to ensure quality and safety in Thai massage.

Anatomy charts are present in each class to assist during practice.

Class time: 9.00-16.00

Lunch time: 11.45-13.00

Break time: 14.45-15.00